2026 FINANCIAL REPORT



Doctors' Health NSW

Support. Connect. Respect.

Doctors' Health NSW acknowledges the traditional owners of the lands on which we live and work. We pay our respects to the elders past and present and we extend that respect to all other Aboriginal and Torres Strait Islander people.

We have much to learn from our First Nations people, and recognise their deep and enduring connection to Country, culture and community. We are committed to continuing to honour this tradition of connection and care in the ongoing work of our organisation.

Doctors' Health NSW celebrates diversity and strives to ensure that our organisation remains accessible, inclusive, and respectful to all.



ABOUT THIS REPORT

The Doctors' Health NSW Financial Report 2026 includes activity data for the financial year 1 July 2025 - 30 June 2026 and a financial summary for the year ending 30 June 2026.

Doctors' Health NSW provides free, confidential and independent services for all medical practitioners, dentists, veterinarians and students of these professions, or any friends, colleagues or family members concerned about them. The terms 'doctor' and 'student' are used in this report to encompass individuals from all these professional groups.

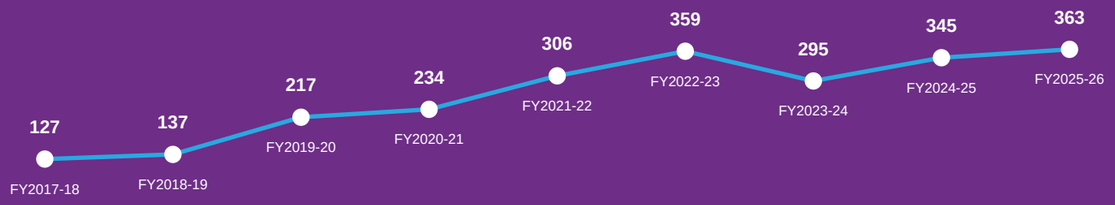
Doctors' Health NSW (previously Doctors' Health Advisory Service) is an Australian Charities and Not-for-profits Commission (ACNC) registered charity with Deductible Gift Recipient (DGR) status with the Australian Tax Office.

Fully audited financial information is provided each year to the ACNC in an Annual Information Statement. Further details can be found on the ACNC charity register by searching ABN 93488047426.

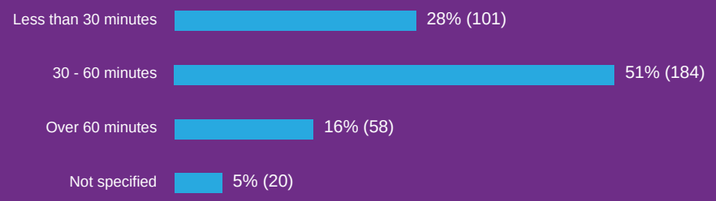
> "I am so thankful for the experienced doctors you have on your phoneline, I feel so much better having talked it through.

FY2026 TOTAL NUMBER OF CALLS: 363

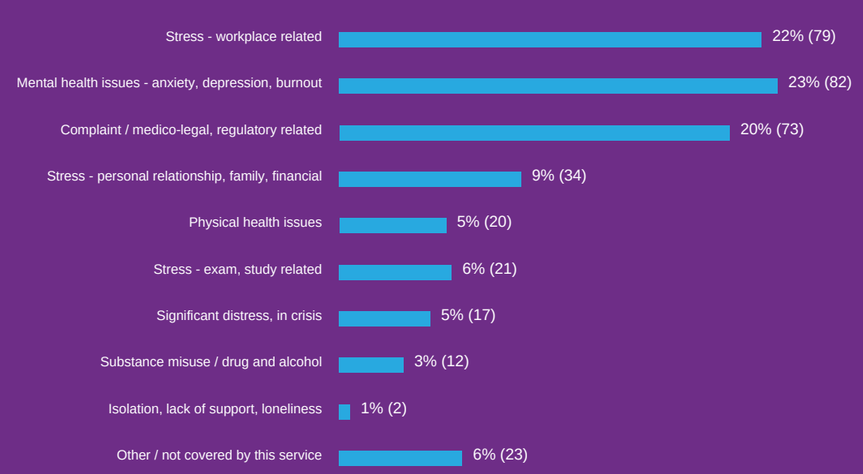
REPORTED CALL VOLUME CONTINUES TO INCREASE



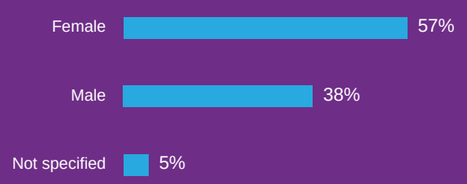
LENGTH OF CALL



FY2026 PRIMARY PRESENTING PROBLEM



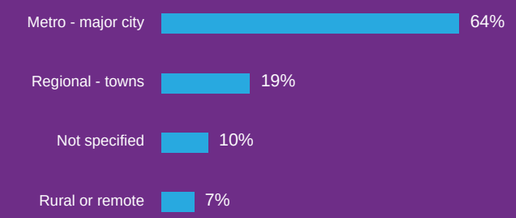
GENDER



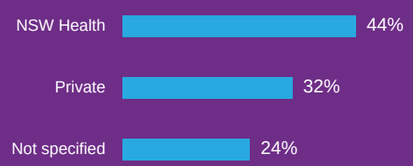
PRACTICE TYPE



GEOGRAPHIC PROFILE



EMPLOYER



FINANCIAL SNAPSHOT

Doctors Health Advisory Service NSW Ltd
For the year ended 30 June 2026

Statement of Income and Expenditure

	2026	2025	2024
Income			
Revenue	452,798	503,079	562,625
Interest Received	9,460	20,230	7,673
Total Income	**462,258**	**523,309**	**570,298**
Expenditure			
Doctors' Health Training, Education and Research	(29,332)	(42,414)	(34,742)
Employee benefits expense - Doctors' Health Training, Education and Research	(153,877)	(143,788)	(144,727)
24/7 Doctors' Health Telephone Service	(64,856)	(70,972)	(71,124)
Employee benefits expense - 24/7 Doctors' Health Telephone Service	(80,085)	(77,486)	(72,712)
Finance expense	(414)	(3,588)	(5,687)
Occupancy expenses	(26,387)	(10,282)	(8,853)
Administration expense	(43,863)	(46,857)	(50,990)
Employee benefits expense - Administration	(121,268)	(95,982)	(76,538)
Employee benefits expense - Postvention Project	-	(15,126)	(65,362)
Depreciation expense	(1,081)	(26,014)	(31,447)
Total Expenditure	**(521,162)**	**(532,510)**	**(562,182)**
Net Surplus / (Deficit)	**(58,904)**	**(9,201)**	**8,116**

Statement of Financial Position

	2026	2025	2024
Total Assets	572,165	515,121	750,077
Total Liabilities	(197,613)	(81,664)	(307,419)
Total Equity	**374,552**	**433,457**	**442,658**

Secretary's Report 2026 for Doctors' Health NSW

FY2026 has been a year of continued demand for Doctors' Health NSW, alongside a strong focus on preserving the accessibility, independence and quality of our services for doctors and medical students across NSW.

Key Achievements

- 24/7 Telephone Service: The service received 363 calls in FY2026, compared with 345 in 2025 and 326 in 2024. This continues the clear pattern of increasing use of the service. Our experienced call panel continues to provide confidential doctor-to-doctor support around the clock.
- Training and Education: We continued our education programme for doctors and medical students, together with ongoing training and support for the doctors who provide the 24/7 service.
- Quality and Service Development: During 2026 we commenced the current Quality Review cycle and continued work to strengthen governance, training and service systems while retaining the personal peer-support model at the heart of Doctors' Health NSW.

Financial Overview

The FY2026 financial snapshot records total income of $462,258 and total expenditure of $521,162, resulting in a deficit of $58,904. Income was lower than in 2025, while total expenditure reduced more modestly. At 30 June 2026, total assets were $572,165, liabilities were $197,613 and equity was $374,552.

Funding and Independence

Doctors' Health NSW remains committed to providing an independent and confidential service for NSW doctors and medical students. Maintaining sustainable funding for this local service remains a key priority as demand continues to increase.

Looking Ahead

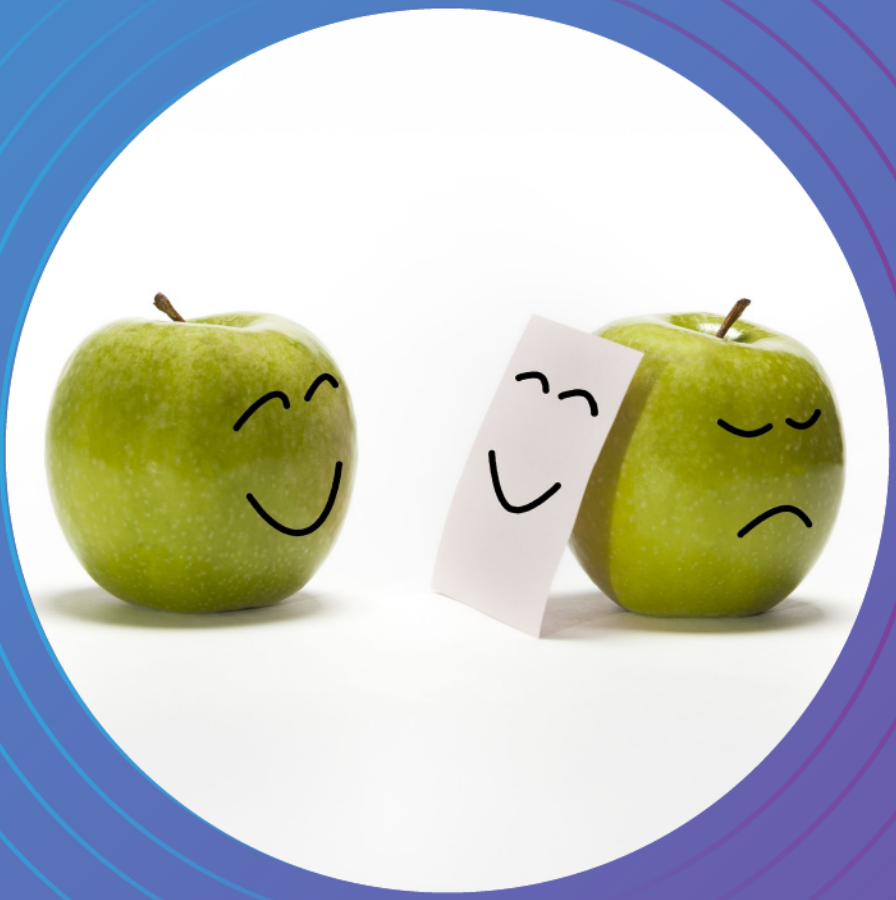
Our focus for the coming year is straightforward: keep the 24/7 service available, support the doctors who provide it, continue our education and prevention work, and secure the resourcing needed to meet growing demand without compromising independence.



Dr Choong Siew Yong

Company Secretary, Doctors' Health NSW

Support. Connect. Respect.



It's not always easy to talk about how we really feel, but speaking to another doctor who understands can make all the difference. Please help us to keep answering the phone 24/7 with a tax-deductible donation: www.doctorshealth.org.au/donate-support

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Contact us

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