

FIND A PSYCHOLOGIST

Location	Name and Contact	Qualification	Special interest area	Notes regarding availability	Telehealth available
Balgowlah	Elizabeth Gray egrayspsychology@gmail.com https://egrayspsychology.dudaone.com 0423 786 257	Psychologist			Yes
Balmain	Dr Jessica Gray Gray Area Psychology 275 Darling Street Balmain NSW 2041 0403 419822 grayareapsychology@gmail.com grayareapsychology.com.au	Clinical Psychologist D Clin Psych /MSc, BSc MAPS MACPA	Anxiety issues, depression and low mood, difficulties managing emotions, grief and loss, life transitions, panic, personality disorders, recovery and addictions, relationship issues, self-esteem, social and performance anxiety, stress, trauma/childhood trauma		YES
Baulkham Hills	Rachael Kiely hello@refreshpsychology.com.au refreshpsychology.com.au 0437 993 389	Clinical Psychologist	PTSD and workplace trauma		Yes
Bondi Junction	Karen Duncan karen@lilypadcentre.com www.lilypadcentre.com 0425 381 680	Psychologist	Trauma. Professional development and self care		Yes
Brisbane	Dr Jasmine Pang drjasminepang@gmail.com www.benchmarkpsychology.com.au (07) 3349 5511	Clinical Psychologist	Trauma recovery, crisis, compassion fatigue, vicarious trauma, burn out, life transitions, workplace stress, child and adolescent, families/parenting, anxiety, cross-cultural adjustments, education training and clinical supervision		Yes
Neutral Bay	Carryn Masluk TalkSpace Psychology Level 1, 2 Waters Road Neutral Bay, NSW 2089 www.talkspace.org.au Ph: 83241469	Clinical Psychologist			Yes
Castle Hill	Rosa Oytarosa psychology@gmail.com www.rosapsychology.com.au 1300 122 144	Clinical Psychologist	Anxiety, trauma and critical incident EAP service		Yes

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Castle Hill	Tehani Gunase hello@projectwellbeing.net www.projectwellbeing.net (02) 91360481 11/6 Victoria Avenue, Castle Hill.	Clinical Psychologist			Yes
Chatswood	Karen Davis info@bastenpsychology.com.au www.bastenpsychology.com.au (02) 9891 1766	Clinical Psychologist	Stress, depression, anxiety, drug and alcohol		Yes
Concord	Dr Bee Lim info@mindhealthcollective.com www.mindhealthcollective.com 0466 665 144 Suite 2.3.1, Level 2, 5 George Street, North Strathfield, NSW 2137	Clinical Psychologist	General mental health (depression and anxiety), stress and burnout, trauma, interpersonal and relationship issues		Yes
Concord	Wai Leng Boh info@mindhealthcollective.com www.mindhealthcollective.com 0466 665 144	Clinical Psychologist	General mental health (depression and anxiety), stress and burnout, trauma		Yes
Crows Nest	Jackie Burke Jackie.Burke@5point5.com https://www.jackieburkepsychology.com.au/ 0412 404 447	Psychologist	Anxiety, depression, trauma (including domestic violence and sexual assault), vicarious trauma and burn out, relationship difficulties, pain management		Yes
Drummoyne	Shahn Baker Soreki info@drummoynepsychology.com.au www.drummoynepsychology.com.au (02) 8322 6810	Clinical Psychologist			Yes
Engadine	Shona Cassell shona@keepinguontrack.com.au www.keepinguontrack.com.au (02) 8581 1145	Psychologist			Yes

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Epping	Michelle Wotton The Resilience Centre Suite 401, Level 4, 51 Rawson St Epping NSW 2121 02 9869 0388 www.theresiliencecentre.com.au	Registered Psychologist	Depression, anxiety disorders (e.g. phobias, social anxiety, OCD, separation anxiety), bipolar disorder, psychosis, personality disorders, among others. Therapy for adults and teens who may struggle with grief and loss, life dilemmas, developing and maintaining relationships and low self-esteem		Yes
Forest Lodge	Dr Pippa Mitchell pippa.mitchell@outlook.com https://pippamitchell.com.au/ 0422 924 542	Clinical Psychologist	Depression, anxiety and perinatal psychology		Yes
Forest Lodge	Dr Sophie Reid sophie@birchtreecentre.com.au www.birchtreecentre.com.au (02) 9518 8719	Clinical Psychologist	Trauma, addictions and eating disorders		Yes
Forestville and Crows Nest	Dr Jennifer Mitchell jenny@drjennymitchell.com.au www.drjennymitchell.com.au (02) 9159 6268	Clinical Psychologist			Yes
Glebe	Patrick Sheehan patrick@adaptabilitypractice.com.au https://www.adaptabilitypractice.com.au/ 0490 955 784	Clinical Psychologist	Burn out, trauma, anxiety and depression		Yes
Gordon	Dr Carol Newall carol@newallpsychology.com.au www.newallpsychology.com.au 0416 189 500	Clinical Psychologist	Black Dog Institute psychologist, anxiety, stress, depression, OCD, grief		Yes
Gordon	Valerie Ling valerie@effectiveliving.com.au www.effectiveliving.com.au 1800 832 588	Clinical Psychologist	Burn out prevention and treatment		Yes

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Greenslopes Brisbane	Carrie Rainbow carrie@mindcheckhp.com.au www.mindcheckhp.com.au (07) 3847 8094	Clinical Psychologist	Psychology service for health professionals		Yes
Greenwood/Dianella/ Canning Vale	Jenny Ioannidou Mind Matter Clinical Psychology 0439 247 240 (08) 7078 8215	Clinical Psychologist			Yes
Lake Macquarie	Lynette Moodley Lighthouse Health Hub 136 Beaumont Street Hamilton Newcastle 0493 230 832 admin@lynettemoodleycounsellingconnections.com.au lynettemoodleycounsellingconnections.com.au	Social Worker, Counselling and Resource Therapist	Relationships: child, adolescent, couple, families & work, trauma and addictions, work related impacts(compassion fatigue, stress, distress, fatigue & burnout), clinical supervision, leadership mentoring	Monday – Thursday	No Zoom but skype & Teams available
Leichhardt	Roshanak Vahdan roshanakvahdani@yahoo.com.au www.roshanakvahdani.com 0431 017 990	BA (Psych, Phil), MA (Psych) MAPS	Trauma, relationship difficulties, work stress, family of origin issues, depression and anxiety		Yes
Leichhardt	Sahra Behardien O’Doherty mindscape.psychology@gmail.com www.mindscapepsychology.com.au/ 0435 438 462	Psychologist			Yes
Manly	Rose Cumberland rose@balanceclinicalpsychology.com.au http://www.qiyoga.net (02) 9976 6880	Clinical Psychologist	Perfectionism		Yes
Milperra	Renata Wosik renata.wosik@gmail.com rwpsychology.com.au/staff/renata-wosik/	Clinical Psychologist			Yes

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Mona Vale	Dr Patrick Rawstorne Northside Psychology Suite 22, 1 Mona Vale Rd Mona Vale NSW 2103 Phone: 0411 081 680 Email: patrick.rawstorne@gmail.com	Clinical Psychologist			Yes
Mosman and Gladesville	Emma Spencer admin@sydpsychologist.com.au www.sydpsychologist.com.au (02) 9960 1222	Clinical Psychologist			Yes
Narrabri and Moree	Malinda Guest malinda@boundlesspsychology.com www.boundlesspsychology.com/ 1300 796 428	Clinical Psychologist			Yes
Newcastle	Lynette Moodley 0493 230 832 EAdmin@lynettemoodleycounsellingconnections.com.au	Social Worker and Resource Therapist	Relationships: child, adolescent, couple, families & work, trauma and addictions, work related impacts (compassion fatigue, stress, distress, fatigue & burnout), clinical supervision, leadership mentoring	Monday – Thursday	No Zoom but Skype & Teams available
North Parramatta	Jo Gravina clinicalpsychologyandmore@gmail.com https://clinicalpsychologyandmore.com.au/ 0468 331 191	Clinical Psychologist	Trauma, stress, anxiety, depressive and substance use disorders and burn out		Yes
North Ryde	Dr Lynette Hung MindWell Psychology & Counselling 2/199 Coxs Rd, North Ryde 2113 T: 8999 3393 lynette@mindwellpsychology.com.au	Clinical Psychologist	Anxiety (e.g., panic disorder, social anxiety, general anxiety disorder, health anxiety, specific phobias), mood disorders (e.g. depression, dysthymia), obsessive-compulsive disorders, trauma and stress related disorders, and interpersonal difficulties	Appointments Fridays and Saturdays	

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North Sydney	Emma-Jane Barclay www.abrighterfuture.com.au 1800 768 411 admin@abrighterfuture.com.au		Anxiety (including generalised anxiety disorder, obsessive compulsive disorder, social phobia and health-related anxiety), depression, perinatal and postnatal issues, parenting, perfectionism, grief, adjustment difficulties, identity issues		
North Sydney	Michelle Davey michelle@michellerdavey.com.au www.michellerdavey.com.au 0432 160 730	Clinical Psychologist	Anxiety, Mood difficulties, Stres Reduction, Addiction and Psycho Oncology		
Parramatta	Dana Mitrovic dana.mitrovic@exclusivewellbeing.com.au www.exclusivewellbeing.com.au (02) 8677 4062	Clinical Psychologist	PTSD, complex trauma, personality disorders, general wellbeing (burnout)		Yes, on request
Parramatta	Debbie Viengkham info@exclusivewellbeing.com.au www.exclusivewellbeing.com.au (02) 8677 4062	Psychologist	Drug & alcohol, stress, anxiety, depression, self-esteem		Yes on request
Parramatta	Dr Shilpa Madiwale admin@mindbodypractice.com.au mindbodypractice.com.au (02) 8091 7867	Clinical Psychologist			Yes
Parramatta	Jacqueline Wilson admin@mindbodypractice.com.au mindbodypractice.com.au (02) 8091 7867	Psychologist			Yes
Parramatta	Sharyn Renshaw info@exclusivewellbeing.com.au www.exclusivewellbeing.com.au 02 8677 4062	Psychologist	Anxiety, trauma, attachment and borderline personality disorder		

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Pennant Hills	Sunali Lewis sunalilewis@yahoo.com dentonpsychology.com.au/our-psychologists/sunali-lewis/ (02)9980 5729	Clinical Psychologist			Yes
Pennant Hills and Gordon	Dr Rachel Guthrie www.sadp.com.au info@sadp.com.au gordonclinic.com.au (02) 9134 5834; (02) 9418 4488	Clinical Psychologist	Anxiety, mood disorders, trauma-related disorders, burnout		Yes
Penrith and Blaxland	Ken Ferris Ken Ferrisken@riverlandstherapy.com.au www.riverlandstherapy.com.au (02) 4731 8111	Clinical Psychologist, Educational and Developmental Psychologist			
Pymble	Ingrid Pollard ingridpollard@gmail.com effectivechangepsychology.com.au 0452 303 692	Clinical Psychologist			Yes
Randwick	Dr Veronica Vatiliotis veronica@eastcarepsychology.com.au www.eastcarepsychology.com.au 0411 397 505	Clinical Psychologist	anxiety and depression		Yes
Rodd Point	Dr Ruth Elijah contact@collaborativeclinicalpsychology.com 0401 521 556 collaborativeclinicalpsychology.com/	Clinical Psychologist			Yes
Ryde	Amanda Hall Hall Psychology 79 Ryedale Road West Ryde NSW 2114 02 7202 9474 https://www.hallpsychology.com.au/	Bachelor of Science Psychology (Hons) & Master of Clinical Psychology (UNSW)	Coaching psychology, life transitions		Yes

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Ryde	Kfir Levin Hall Psychology 79 Ryedale Road NSW 2114 02 7202 9474 www.hallpsychology.com.au	Psychologist	Motivation, self-esteem, confidence, assertiveness, leadership, career change, personality exploration, anxiety, depression, anger, grief and loss, procrastination, relational issues, sleep disturbance, stress		
Ryde	Aphrodite Papageorgiou Hall Psychology 79 Ryedale Road NSW 2114 02 7202 9474 www.hallpsychology.com.au	Bachelor of Science (Major in Psychology) Post Graduate Diploma in Psychology Master of Counselling Psychology	Trauma and post traumatic stress, depression, anxiety, phobias and panic, obsessive compulsive disorder, grief, life transitions & adjustment, body image concerns, disordered eating patterns, self-esteem / confidence, motivation / procrastination, social / interpersonal difficulties, stress management, coaching		Yes
Ryde	Daniela Ho Tan daniela@mindwealthpsychology.com.au www.mindwealthpsychology.com.au 0444 523 038	Clinical Psychologist	Anxiety, depression, complex/childhood trauma, eating disorders, perfectionism, relationship difficulties		Yes
Ryde	Dr Amanda Willemys Hall Psychology 79 Ryedale Road NSW 2114 www.hallpsychology.com.au	Bachelor of Arts, Class 1 Honours in Psychology & Master of Arts (Psychology), PhD (Psychology)	Stress management, work stress, divorce / separation, parenting, relationships, anger management, grief & loss, life transitions & adjustment issues, terminal illness, health-related issues, assertiveness training, academic performance		Yes
St Leonards	Jacinta Grima contact@jacintagrima.com.au http://www.jacintagrima.com.au/ 02 9906 5319	Clinical Psychologist, BSc Psych (Hons), M Clin Psych MACPA, MAPS, FCCLP, PBA Board Approved Supervisor	General adult, child/adol and family, post-natal, and medical practitioner/medical family well-being	Telehealth only at present	Yes
St Leonards	Margie McCaskill margie@headtotoepsychology.com www.headtotoepsychology.com (02) 8350 8952	Clinical Psychologist			Yes

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Summer Hill	Lisa Hancock info@innerwestclinpsychs.com www.innerwestclinpsychs.com 0412 195 776	Clinical Psychologist	Trauma, anxiety and adjustment		No
Summer Hill	Sally Hopwood info@innerwestclinpsychs.com www.innerwestclinpsychs.com 0412 195 776	Clinical Psychologist	Trauma, anxiety and adjustment		No
Sydney CBD	Dr Cindy Nour drcindynour@gmail.com www.mindframepsychology.com.au (02) 9119 8777	Clinical Psychologist	Depression, OCD, phobias, panic attacks, social phobia, exam and performance anxiety, excessive worry, death anxiety, skin picking, body dysmorphic disorder and relationship difficulties, but not couples work		Yes
Sydney CBD	Dr Vincent Fogliati vincent@sydneyactcentre.com.au www.sydneyactcentre.com.au (02) 9251 6222	Clinical Psychologist	Depression, anxiety, OCD, chronic fatigue, performance anxiety		Yes on request
Sydney CBD	Maria Scoda contact@mariascoda.com.au www.mariascoda.com.au 0404 062 177	Clinical Psychologist	Stress, Relationships, depression, anxiety, trauma, burnout, LGBTIQ		Yes
Sydney CBD	Paul Kennedy https://mindframepsychology.com.au (02) 9119 8777 Contact via form on website	Clinical Psychologist	Depression, all anxiety disorders, exam and performance anxiety, phobias, trauma, PTSD, low self esteem, grief, guilt, anger, helping clients deal with angry partners/family and relationship difficulties, but not couples work		Yes
Sydney CBD	Dr Emmanuella Murray Hengrove Hall Suite 7, Level 1, 193 Macquarie Street Sydney NSW 2000 Ph: (02) 9232-2484 www.dremmanuellamurray.com.au admin@dremmanuellamurray.com.au	Clinical Psychologist		Avail Tuesday- Friday	Yes

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Sydney CBD and Hurstville	Clare Manns 0414 397 079 clare@drclaremanns.com.au	Clinical Psychologist			Yes
Ultimo	Alison Young info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Clinical psychology Registrar	Anxiety, low mood, OCD, parenting interventions, cross-cultural psychology		No
Ultimo	Amelia Mitchell info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Psychologist	Anxiety, low mood, OCD, parenting interventions, disordered eating		No
Ultimo	Andreea Heriseanu info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Psychologist	Anxiety, low mood, chronic pain, chronic health concerns, disordered eating, OCD, trauma		No
Ultimo	Bridie Leonard info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Clinical psychology Registrar	Anxiety, low mood, OCD, parenting interventions, interpersonal difficulties		No
Ultimo	Dr Amy Burton principal@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Clinical Psychologist	Anxiety, low mood, procrastination, interpersonal difficulties, disordered eating, relationship break-up		Yes
Ultimo	Louise Bezzina info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Clinical Psychology Registrar	Anxiety, low mood, trauma, interpersonal difficulties		No
Ultimo	Morag Paterson info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Senior Counselling Psychologist	Anxiety, low mood, trauma, PTSD, interpersonal difficulties, complex trauma		Yes
Ultimo	Rachel Barton info@foresightpsychology.com www.foresightpsychology.com 02 8380 8855	Clinical Psychology Registrar	Anxiety, low mood, trichotillomania		No

